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SAFETY ISSUES & SYMPTOMS QUESTIONNAIRE

Name: _____ Date: _____
(Please Print)

	YES	NO
Any previous suicide attempts?.....	_____	_____
Any previous intentional self-inflicted injuries?	_____	_____
Recent thoughts of suicide or self-injury?	_____	_____
Previous history of violence towards another?	_____	_____
Recent thoughts of violence towards another?	_____	_____
Recent abuse of alcohol or other substances?	_____	_____
Any history of prior DUI charge?	_____	_____
Previous substance abuse treatment?	_____	_____
Are you currently involved in any legal action?	_____	_____
Previous psychiatric treatment?	_____	_____
Previous psychiatric hospitalization?	_____	_____
Possible threat of violence in current living situation?	_____	_____

Current physical illnesses: _____

When was approximate date of your last physical exam? _____

When was the last date you saw your doctor? _____

Please list all current medications:

<u>Medication</u>	<u>Dosage & Frequency</u>	<u>Date Started</u>	<u>Prescribed by whom,? (Full Name)</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

NOW PLEASE ANSWER QUESTIONS ON THE REVERSE SIDE

What is your primary goal that you want counseling to help you achieve?

Considering the past several weeks, please rate the presence or degree that you experienced each of the following symptoms. (Circle your answer)

	NONE	SLIGHT	MODERATE	SEVERE	EXTREME
GENERAL ANXIETY	0	1	2	3	4
SPECIFIC UNREALISTIC FEARS	0	1	2	3	4
MARITAL/RELATIONSHIP PROBLEMS	0	1	2	3	4
DEPRESSED MOODS	0	1	2	3	4
THOUGHTS OF HURTING OTHERS	0	1	2	3	4
THOUGHTS OF SUICIDE	0	1	2	3	4
If any, when was last date? _____					
Did you think of a plan? Yes: ___ No: ___					
PHYSICAL AGRESSION TOWARD ANOTHER	0	1	2	3	4
GENERAL HOSTILITY TOWARD OTHERS	0	1	2	3	4
PROCRASTINATION/WORK INHIBITION	0	1	2	3	4
ALCOHOL/DRUG ABUSE	0	1	2	3	4
HALLUCINATIONS/DELUSIONS	0	1	2	3	4
REPETITIVE UNWANTED THOUGHTS	0	1	2	3	4
REPETITIVE UNWANTED BEHAVIORS	0	1	2	3	4
ANGER MANAGEMENT PROBLEMS	0	1	2	3	4
MISBEHAVIOR/ CONDUCT PROBLEMS	0	1	2	3	4
CONSENTRATION/ MEMORY PROBLEMS	0	1	2	3	4
OVER-SENSITIVE ABOUT WHAT OTHER SAY					
TO YOU	0	1	2	3	4
LOSS OF DAILY ENERGY	0	1	2	3	4
LOSS OF CONCENTRATION	0	1	2	3	4
FEELING OF WORTHLESSNESS	0	1	2	3	4
PARANOIA OR DELUSIONAL THINKING	0	1	2	3	4
A DECREASE IN SLEEP	0	1	2	3	4
How many hours do you average? _____					
LOSS OF APPETITE WITH WEIGHT LOSS	0	1	2	3	4
If weight loss, how many lbs? _____					
LOSS OF INTEREST IN PLEASURABLE ACTIVITY	0	1	2	3	4
PANIC ATTACKS WITH HYPERVENTILATION	0	1	2	3	4
If any, how often per week? _____					

Thank you for your hard work!

(Please sign here)